

BOYS & GIRLS CLUB Ward Elementary Winter 2024 Electives Program Catalog BOYS & GIRLS CLUB OF NEW POCHELLE



Ceramics and Glass Fusing by Slavin Studios

Tuesdays | Grades K-5 | \$286

Here the studio art experience is brought to you! In ceramics, we work with clay sculpting, making decorative art, and functional items like useable cups and bowls. The students make and paint their art with non-toxic colors that are then transported to a kiln, bisque, and glaze fired with a clear food-safe finish. They are beautiful and durable glazed ceramics. It's fun and students will learn the fundamentals of sculpture and hand-building. Some use of drape molds and small tools. Glass Fusing is a special activity! Students take precut clear and colored glass, arrange a design using clear glue gel, and set the pieces in place. They are then transported to a kiln and fused. Some projects like tiles, hanging glass art, necklace pendants, magnets, picture frames, and nameplates are some examples. The teacher can cut certain shapes for the students. Artwork comes back to the classroom throughout the program all work received by the last class. Usually, we finish with a self-hardening clay project they take home on the last day.

MusicStart Keyboarding by The Music Path Co.

Tuesdays | Grades K-3 | \$182

MusicStart® is a patented progressive music learning system that balances fun and development of skills. Using familiar songs, it teaches all the necessary basics to get started playing music. The MusicStart® Keyboard uses 4 instructive Attachments that vary the challenge from color matching to letter matching to note matching and reading standard musical notation. MusicStart® is a preparation for (or a supplement to) playing any instrument and teaches step-by-step problem-solving. All materials are provided. Both new and repeat students are welcome and will be appropriately challenged. VISIT WWW.BEGINMUSIC.COM FOR MORE INFORMATION AND AN ONLINE VIDEO OF MUSICSTART IN ACTION

Registration will be live on January 16th, 2024
Visit:
www.bgcnr.org/electives

Phreaky Physics by MAD Science

Tuesdays | Grades K-2 | \$293

Is your energy potential or kinetic? Find out with us as we explore centrifugal force & gyroscopes. Become a junior engineer and experiment with axles, pulleys, levers, gears, and wheels. Some of the weekly topics in this session are Harnessing Heat, Mad Science Machines, Mad Magnets, Super Structures, Under Pressure, "Current" Events, Lights...Color...Action! Watts Up, Energy Burst & Fundamental Forces.

Cheerleading

by Chrissy & Raider Rec Cheer

Tuesdays | Grades K-5 | \$260

Come and learn the fundamentals of cheer with former New Rochelle Cheerleaders and current local high school coaches. Learn the basics in motions, cheers, jumps, and team-building games and activities. Classes are FUN and no experience is necessary!

Classroom Karaoke by Geri-Ann Lezi

Tuesdays | Grades K-5 | \$325

Who loves to sing out loud to their favorite songs? How about singing them with your friends? Maybe you like to act out the song like you are on stage? Join Mrs. Lezi as we sing along to our favorite songs and artists. Everyone will get a chance to choose the songs we sing. Each child will receive their own individual microphone that they will get to keep at the end of the program!!!

Hedgehog House by Sew Happy Sewing

Wednesdays | Grades 1-5 | \$312

Students will construct a square double-sided basket that is decorated with trees and woodland flora and fauna on the outside but becomes the cozy home of a hedgehog family on the inside complete with a hedgehog stuffie and keychain. A decorative carrying handle makes the project transportable. Kids in grades 1 through 5 will learn how to thread a needle, a knot, pin, and stitch with our trained instructor. Beginners are welcome in this class and experienced sewers will love working on a new project.



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Guitar for Beginners by The Music Path Co.

Wednesdays | Grades 2-5 | \$182

Learn the basics and foundations of playing the guitar. Technique, scales, chords, melodies, and songs will all be covered. We promise to teach you as many real songs as possible! This class is a great introduction for students who might then proceed to a private teacher. We will get your hands picking, strumming, and fretting. An electric or acoustic guitar is okay (no amplifier required). Materials: Bring in a guitar you already own, or we recommend First Act guitars online as an inexpensive solution (starting around \$40). You must bring a guitar.

Basketball

by Young Athletes 4 Change

Wednesdays | Grades 3-5| \$364

Students will learn how to dribble with both hands, how to create space, and how to finish at the basket. Students will learn the fundamentals of shooting, including proper form, footwork, and release. Students will learn how to do basic strength training exercises, such as squats, push-ups, and pull-ups. The program will also include games and drills to help students practice their skills. The program will provide several benefits for students, including improved basketball skills: Students will learn the fundamentals of basketball and improve their shooting, dribbling, and strength training skills. Increased physical activity: Students will get regular exercise and improve their overall fitness. Reduced stress: Students will have a positive outlet for stress and have fun while learning. Improved academic performance: Physically active Students tend to have better academic performance.

Arabic K-2 by ABC Language

Wednesdays | Grades K-2 | \$312

"Ahlan, Sadiqati!" invites kindergarten through second-grade students on an exciting Arabic language journey, catering to both those with prior exposure and beginners. Immerse yourself in the world of Arabic sounds and expressions through interactive activities and captivating rhymes. Explore everyday vocabulary and cultural nuances, fostering practical language skills while discovering the diversity of Arabic-speaking societies. Our course integrates creative arts and crafts, reinforcing language concepts through hands-on projects. Join us for an enriching and celebratory experience as we lay the foundation for a lifelong appreciation of Arabic language and cultural exploration in "Ahlan, Sadiqati!" النعلم معان (Let's learn together!)

MasterChef Wizards Cooking Class by Nishma Zottola

Wednesdays | Grades K-1 | \$416

Welcome to MasterChef Wizards where we blend the joy of cooking with the magic of STEAM where the children get a sneak peek into the fascinating worlds of science, technology, engineering, art, and math. This unique kids' cooking class goes beyond the kitchen, encouraging young minds to explore the science and creativity behind each delicious dish, and the interdisciplinary approach makes learning more holistic and engaging. Our cooking classes enrichment program for elementary kids aims to provide a fun and educational experience that promotes healthy eating habits, culinary skills, and creativity. By offering hands-on cooking classes, we intend to inspire children to explore the world of food, develop their taste buds, and cultivate a lifelong love for cooking

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Crayola® Wild World by MAD Science

Thursdays | Grades K-2 | \$293

Are you ready for an art expedition? Let the wonder and beauty of the animal kingdom inspire your empathy, curiosity, and creativity. Learn about lions, elephants, sharks, and more, and find out how wildlife conservationists are working to protect species around the globe. Experiment with a variety of art techniques using Crayola® products to create animal-inspired art projects, from frog paintings to polar bear sculptures! Let your creativity run wild and bring your handiwork home to build a menagerie of animal-themed masterpieces. Our young artists will receive Crayola products to take home and wildlife trading cards that contain fun facts about the featured animal and a biography of a real conservationist working with these animals.

Yoga for Tots to Teens by Fit & Focused

Thursdays | Grades K-5 | \$312

The club is for kids grades K-5 to learn yoga and mindfulness in a playful environment. Yoga poses are learned, games are played, and music is used to promote both laughter and stillness. Yoga has multiple benefits for kids including improved focus and concentration, an increase in self-esteem and self-regulation, improved core strength and flexibility, and an overall sense of calm and peacefulness.

Zumba Kids by Gigi Longo

Thursdays | Grades K-5 | \$156

Perfect for our younger Zumba Fans! Kids get the chance to be active and jam out to their favorite music. Classes feature kid-friendly routines based on original Zumba Choreography. We break down the steps and add games and activities into the class structure. Helps develop a healthy lifestyle and incorporate fitness as a natural part of children's lives by making fitness fun. Classes incorporate key childhood development elements like leadership, respect, teamwork, confidence, self-esteem, memory, creativity, coordination, and cultural awareness.

Dance Party by Geri-Ann Lezi

Thursdays | Grades K-5 | \$325

Join the fun and be the life of your next party! Learn the steps to the most popular party dances . . . The Cha Cha Slide, the Electric Slide, the Wobble, and Cotton Eyed Joe, just to name a few. Hop on in and limbo, twist, and shout your way from the Winter into Spring with Mrs. Lezi!

Theatre/Improv by Rachel Nicks

Thursdays | Grades K-5 | \$364

Explore the world of theatre with a variety of theatre games and improv. A safe space for kids to find their voice and use their bodies to express themselves. Your instructor Rachel Nicks is a graduate of the Juilliard School. She unlocked her passion for acting in the 8th grade when she played a Flamingo in the school play. She has enjoyed a career in Theatre, Television, and Film since 2006. She is a Ward mom and is thrilled to share her passion for acting with the community.

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