



MusicStart Keyboarding by The Music Path Co.

Mondays | Grades K-3 | \$221

MusicStart® is a patented progressive music learning system that balances fun and development of skills. Using familiar songs, it teaches all the necessary basics to get started playing music. The MusicStart® Keyboard uses 4 instructive Attachments that vary the challenge from color matching to letter matching to note matching and reading standard musical notation. MusicStart® is a preparation for (or a supplement to) playing any instrument and teaches step-by-step problem-solving. All materials are provided. Both new and repeat students are welcome and will be appropriately challenged. VISIT WWW.BEGINMUSIC.COM FOR MORE INFORMATION AND AN ONLINE VIDEO OF MUSICSTART IN ACTION

Yoga for Tots to Teens by Fit & Focused

Mondays | Grades K-5 | \$312

The club is for kids grades K-5 to learn yoga and mindfulness in a playful environment. Yoga poses are learned, games are played, and music is used to promote both laughter and stillness. Yoga has multiple benefits for kids including improved focus and concentration, an increase in self-esteem and self-regulation, improved core strength and flexibility, and an overall sense of calm and peacefulness.

Zumba Kids by Gigi Longo

Mondays | Grades K-5 | \$156

Perfect for our younger Zumba Fans! Kids get the chance to be active and jam out to their favorite music. Classes feature kid-friendly routines based on original Zumba Choreography. We break down the steps and add games and activities into the class structure. Helps develop a healthy lifestyle and incorporate fitness as a natural part of children's lives by making fitness fun. Classes incorporate key childhood development elements like leadership, respect, teamwork, confidence, self-esteem, memory, creativity, coordination, and cultural awareness.

Mix Arts by Plaster Palace

Tuesdays | Grades K-5 | \$292

Enjoy pottery painting, experience mosaic, and make your own slime and graffiti shirts! Children will learn about different painting techniques while making their own personal mug or plate! Enjoy science facts while creating different slimes and decorate a picture frame with mosaic artwork!

Guitar for Beginners by The Music Path Co.

Tuesdays | Grades 2-5 | \$221

Learn the basics and foundations of playing the guitar. Technique, scales, chords, melodies, and songs will all be covered. We promise to teach you as many real songs as possible! This class is a great introduction for students who might then proceed to a private teacher. We will get your hands picking, strumming, and fretting. An electric or acoustic guitar is okay (no amplifier required).

Materials: Bring in a guitar you already own, or we recommend First Act guitars online as an inexpensive solution (starting around \$40). You must bring a guitar.

Little Builders Art by MakeInspires

Tuesdays | Grades K-2 | \$240

Little Builders sparks creativity as students construct bridges, planes, boats, and various models. Each session introduces new materials like cardboard, Legos, and upcycled items, teaching creative construction through design-based thinking. Students engage in exciting challenges: Can your boat hold more weight? How tall can your building reach? Join this hands-on STEAM class to inspire, learn, and unleash your creative potential.

Registration will be live on January 16th, 2024

Visit:

www.bgcnr.org/electives



Rocketry **by MakeInspires**

Tuesdays | Grades 3-5 | \$240

Welcome to the thrilling world of Rocketry! Join MakeInspires for an immersive journey into the captivating history and awe-inspiring science behind rockets. Through hands-on projects, participants will unravel the principles of propulsion, aerodynamics, and space travel. Through interactive demonstrations and hands-on experiments, young space enthusiasts will construct and launch their rockets, applying newfound knowledge to achieve soaring success. Igniting their curiosity and fostering a deeper appreciation for space exploration, this Rocketry class promises an exhilarating experience that will inspire and lift their aspirations skyward.

French for Non-Native Speakers 2-5

by Juliet Perrachon

Tuesdays | Grades 2-5 | \$364

The Alliance Française and Bespoke Education are excited to announce a French language enrichment class for students, ranging from Grade 2 to Grade 5. This program is designed to introduce Francophile students to the basics of language, culture, and communication. From greetings to basic conversations, students will gain a solid foundation for further language exploration. Join us as we dive into the French world of words and expressions!

Inventions-n-Concoctions

by Art-n-Orbit

Wednesdays | Grades K-2 | \$390

Art-n-Orbit is a unique art and science program that focuses on children's creative spirit while they learn the fundamentals of art and science. Students will make their own exploding volcanoes, explore the universe, conduct fun science experiments, create spinning robots that zoom across the floor, and much much more. Every class is a hands-on, engaging, and educational adventure for boys and girls alike. Best of all, each week the children will leave class with their own tailor-made projects to show family and friends. These projects will be a true source of accomplishment and joy. New projects are featured each semester and year to year so that the children can continue the learning experience. Many of our projects are made from fun recycled materials.

Chemistry Chaos **by The STEM Alliance**

Wednesdays | Grades 3-5 | \$292

Chemistry Chaos allows students to experience chemistry differently. Students will be able to use chemicals while learning about the science behind reactions, properties, composition, and structure of elements and compounds. In this program, students will have the opportunity to experiment and learn about DNA and how to extract it from fruits and vegetables, learn about slime and the different materials that can be used to create it, and how they react to each other. In the lava lamp class students learn about density, volume, and mass, and create a lava lamp that will show them what it was like to have one during the 70s. One big emphasis in this program is safety, which will be addressed in every lesson and is a big part of being a chemist.

French for Non-Native Speakers K-1

by Juliet Perrachon

Wednesdays | Grades K-1 | \$364

The Alliance Française and Bespoke Education are excited to announce a French language enrichment class for students, ranging from kindergarten to Grade 1. This program is designed to introduce Francophile students to the basics of language, culture, and communication. From greetings to basic conversations, students will gain a solid foundation for further language exploration. Join us as we dive into the French world of words and expressions!

Theatre/Improv

by Rachel Nicks

Wednesdays | Grades K-5 | \$364

Explore the world of theatre with a variety of theatre games and improv. A safe space for kids to find their voice and use their bodies to express themselves. Your instructor Rachel Nicks is a graduate of the Juilliard School. She unlocked her passion for acting in the 8th grade when she played a Flamingo in the school play. She has enjoyed a career in Theatre, Television, and Film since 2006. She is a Ward mom and is thrilled to share her passion for acting with the community.

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Adventures with Art

by Nishma Zottola

Thursdays | Grades 1-2 | \$385

Adventures with Art classes are designed to offer a wide range of art projects that positively influence the children's cognitive, emotional, and social development. It helps to nurture their artistic abilities while fostering a positive and enjoyable learning environment. It promotes creativity, imagination, and self-expression through various art forms while enhancing fine motor skills and critical thinking. Children can celebrate diversity in art as they get introduced to artwork from various cultures and artists, fostering an appreciation for diversity and expanding their understanding of art across different contexts while creating a social and collaborative setting where children can share ideas, work together on projects, and learn from each other's unique perspectives.

Moveable Machines

by iCamp

Thursdays | Grades K-1 | \$350

Is your child fascinated by all things that go "vroom?" If so, iCAMP's Moveable Machines course might be exactly what the doctor ordered. Focusing on simple and compound machines that can generate power and motion without using electricity, this course provides space for students to explore their need for speed in a safe, controlled environment. Throughout the course, students will build their own helicopters, cars, gliders, and more – paired with instruction that will help them understand how and why they move. By testing and remodeling these creations, Moveable Machines students will also get a chance to flex their creative muscles and discover their own sense of invention.

Mighty Mechanics

by iCamp

Thursdays | Grades 2-5 | \$349

This course proves that science can be an exciting and dynamic discipline by putting the gears directly into your child's hands! Each lesson is designed to provide students with hands-on experience with some of the most fundamental concepts in mechanical engineering. Students will build and experiment with hydraulic grabber hands, test cars, and more, each introducing a new concept – from Newton's laws of motion to the principles of energy transfer. Better yet, their creations will give them a personal look at how all these concepts combine to define the world we live in. By the end of the course, each student will feel confident in their ability to work independently through the engineering process to design exciting, moveable machines of their own.

Chess

by NSCF

Thursdays | Grades 1-5 | \$208

By learning chess, children learn thinking skills that apply to other disciplines. Chess improves concentration and self-discipline and involves all levels of critical thinking (knowledge, comprehension, analysis, and evaluation). Chess requires forethought and guardedness. Chess cultivates visualization skills and develops problem-solving skills. Chess encourages children to overcome the fear of risk-taking. Chess teaches children to assume responsibility for their decisions and encourages socialization skills that extend across cultures and generations. Chess raises self-esteem, promotes good sportsmanship, and rewards determination and perseverance. Chess is fun!

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