



DJ 101

by The Music Team

Mondays | Grades 2-5 | \$325

The fun never stops with the Party Mix! During your sessions, participants will learn all the basic knowledge needed to spark their DJ career. They will learn how to create playlists for specific parties, how to blend, tons of DJ tricks, scratching, and most importantly how to rock a crowd!!

Zumba Kids

by Gigi Longo

Mondays | Grades K-5 | \$156

Perfect for our younger Zumba Fans! Kids get the chance to be active and jam out to their favorite music. Classes feature kid-friendly routines based on original Zumba Choreography. We break down the steps and add games and activities into the class structure. Helps develop a healthy lifestyle and incorporate fitness as a natural part of children's lives by making fitness fun. Classes incorporate key childhood development elements like leadership, respect, teamwork, confidence, self-esteem, memory, creativity, coordination, and cultural awareness.

Basketball

by Young Athletes 4 Change

Mondays | Grades 3-5 | \$364

Students will learn how to dribble with both hands, how to create space, and how to finish at the basket. Students will learn the fundamentals of shooting, including proper form, footwork, and release. Students will learn how to do basic strength training exercises, such as squats, push-ups, and pull-ups. The program will also include games and drills to help students practice their skills. The program will provide several benefits for students, including improved basketball skills: Students will learn the fundamentals of basketball and improve their shooting, dribbling, and strength training skills. Increased physical activity: Students will get regular exercise and improve their overall fitness. Reduced stress: Students will have a positive outlet for stress and have fun while learning. Improved academic performance: Physically active Students tend to have better academic performance.

Beginner Spanish

by ABC Language

Mondays | Grades K-2 | \$312

¡Hola! ¿Cómo estás? That's Spanish for Hi! How are you? Learn this and other useful phrases in this new interactive after-school club for kids who have never learned Spanish before. In our class, your child will learn short sentences and daily vocabulary such as greetings, introductions, colors, numbers, and food through songs, movement, and interactive games. The class will also focus on getting your child started on reading and writing Spanish words and simple short sentences in addition to learning about the fun aspects of the culture and traditions of Spanish-speaking countries! Please bring a plastic folder, notebook, and pencil.

Fiber Arts: Learn to Knit

by Mary Peck

Tuesdays | Grades 3-5 | \$455

Knitting is creative and the possibilities are endless. Students will learn the basic skills associated with this fun fiber craft: casting on, knit stitch, purl stitch, and casting off. In addition, students will be exposed to and learn how to identify different fibers and how to read the language of knitting in patterns. Projects will be based on the skills acquired in the class. No previous experience is required, but anyone who has some skills is welcome to this class. The teacher will choose materials and give to the students in the early sessions.

Students are encouraged/expected to knit at home between classes. More knitting practice means more project options and skills progress. Students are expected to bring their knitting supplies to each class session.

Little Scientist

by MakeInspires

Tuesdays | Grades K-2 | \$240

Little Scientists sparks the interest of K-2 students through fun and educational experiments. Ranging from balloon rockets to making lightning, students learn about surface tension, matter, exothermic reactions, acids, bases, and catalysts! Students take home their experiments & creations when applicable.

Registration will be live August 1st

Visit:

www.bgcnr.org/electives



Central Elementary Fall 2024 Electives Program Catalog



Engineering Adventures

by MakeInspires

Tuesdays | Grades 3-5 | \$240

Working through hands-on engineering design problems, students will hone their technical problem-solving skills while completing fun and challenging activities! Our makers in training will explore the facets of engineering: electrical with circuitry, mechanical with catapults, civil with bridges, and so much more! This course is the perfect jumping-off point for any maker who is curious about engineering and design or as a follow-up to Little Builders!

Planes, Trains, and Automobiles

by iCamp

Tuesdays | Grades K-1 | \$349

This innovative K-2 engineering class will put learners in the driver's seat as they fly down the fast lane of engineering. From airplanes soaring through the clouds to cars zooming on the ground to trains chugging along tracks, budding engineers will explore the fundamental principles behind these modes of transportation. Through construction and engineering challenges, students will not only grasp the basics of how vehicles work but also develop problem-solving skills and a curiosity for the fascinating field of engineering. Get ready to rev up your imagination and take flight into the captivating world of junior vehicle engineering!

Mix Media Arts

by Plaster Palace

Wednesdays | Grades K-5 | \$292

Enjoy pottery painting (mugs, banks, etc), making your own graffiti shirt, learning about mosaics and finally creating different slimes (glitter slime, Halloween slime, etc)

Rocketry JR.

by MakeInspires

Wednesdays | Grades K-2 | \$240

Welcome to the thrilling world of Rocketry Jr! Join MakeInspires for an immersive journey into the captivating history and awe-inspiring science behind rockets. Through hands-on projects, participants will unravel the principles of propulsion, aerodynamics, and space travel. Through interactive demonstrations and hands-on experiments, young space enthusiasts will construct and launch their rockets, applying newfound knowledge to achieve soaring success. Igniting their curiosity and fostering a deeper appreciation for space exploration, this Rocketry class promises an exhilarating experience that will inspire and lift their aspirations skyward.

Lego Legends

by MakeInspires

Wednesdays | Grades 3-5 | \$208

Unleash your creativity brick by brick in our Lego Legends Club! In this hands-on program, students will embark on weekly challenges inspired by the hit TV show 'Lego Masters.' From constructing high-tech spaceships to build-to-destroy models, every session promises fun-filled activities that ignite innovation and teamwork. Guided by experienced instructors, participants will learn essential STEM concepts while honing their problem-solving skills and unleashing their inner architects. Whether you're a seasoned Lego enthusiast or just starting your brick-building journey, this club offers a vibrant space to explore, create, and connect.

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Inventions-n-Concoctions

by Art-n-Orbit

Wednesdays | Grades K-1 | \$416

Art-n-Orbit is a unique art and science program that focuses on children's creative spirit while they learn the fundamentals of art and science. Students will make their own exploding volcanoes, explore the universe, conduct fun science experiments, create spinning robots that zoom across the floor and much much more. Every class is a hands-on, engaging and educational adventure for boys and girls alike. Best of all, each week the children will leave class with their own tailor-made projects to show family and friends. These projects will be a true source of accomplishment and joy. New projects are featured each semester and year to year so that the children can continue the learning experience. Many of our projects are made from fun recycled materials.

Narwhal Sewing

by Sew Happy Sewing

Thursdays | Grades 1-5 | \$312

Narwhals is an ocean-inspired project starting with a bookmark as an introductory learn-to-sew project, followed by a decorative bunting with musical narwhal designs, and a pillow with a choice of appliqué for students to choose from.

Crayola: World of Design

by MAD Science

Thursdays | Grades K-2 | \$293

Take a journey to the farthest reaches of the imagination while learning about the ocean, Mars, a futuristic city, and more! We'll create Movie posters, map out universal tree houses, develop comic book characters, and much more. Spend each week experimenting with Crayola® products and many art techniques like sculpting, collage, and mixed media. Discover different design careers and use the design thinking process to solve real-world problems. Some of the classes in this session include Futureville, Mars Habitat, Comic Book Heroes, Pitch Your Product, and Game On.

Rocketry

by MakeInspires

Thursdays | Grades 3-5 | \$240

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Introduction to SEL Ballet

by SEL by Franco

Thursdays | Grades K-2 | \$240

The Introduction to SEL Ballet class for grades K-2 integrates foundational ballet techniques with social-emotional learning (SEL) principles. Through this class, students will learn basic ballet movements while also developing important skills such as empathy, self-awareness, and relationship-building. The class aims to create a supportive and inclusive environment where students can express themselves through movement and develop both physically and emotionally. Students should preferably wear closed-toed shoes (sneakers) and dance-appropriate clothing.

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