



## **Ceramics and Glass Fusing** **by Slavin Studios**

**Tuesdays | Grades K-5 | \$286**

Here the studio art experience is brought to you! In ceramics, we work with clay sculpting, making decorative art, and functional items like useable cups and bowls. The students make and paint their art with non-toxic colors that are then transported to a kiln, bisque, and glaze fired with a clear food-safe finish. They are beautiful and durable glazed ceramics. It's fun and students will learn the fundamentals of sculpture and hand-building. Some use of drape molds and small tools. Glass Fusing is a special activity! Students take precut clear and colored glass, arrange a design using clear glue gel, and set the pieces in place. They are then transported to a kiln and fused. Some projects like tiles, hanging glass art, necklace pendants, magnets, picture frames, and nameplates are some examples. The teacher can cut certain shapes for the students. Artwork comes back to the classroom throughout the program all work received by the last class. Usually, we finish with a self-hardening clay project they take home on the last day.

## **Little Builders** **by MakeInspires**

**Tuesdays | Grades K-2 | \$240**

Little Builders sparks creativity as students construct bridges, planes, boats, and various models. Each session introduces new materials like cardboard, Legos, and upcycled items, teaching creative construction through design-based thinking. Students engage in exciting challenges: Can your boat hold more weight? How tall can your building reach? Join this hands-on STEAM class to inspire, learn, and unleash your creative potential.

## **Yoga & Meditation** **By Rachel Nicks**

**Tuesdays | Grades K-5 | \$312**

Movement & Breath are magical tools for children to add to their toolbox to support them on their academic and life journey. Rachel Nicks was a founding instructor at MIRROR/Lululemon Studio and has had a 14-year fitness career in NYC. She holds the following certifications: 500 hours of hatha yoga, 85 hours of pre/postnatal yoga, 275 hours of barre, TRX, Kettlebell, Pilates mat and reformer, and meditation. This Ward mom is excited to share her passion for movement and meditation with the Ward community.

## **Classroom Karaoke** **By Geri-Ann Lezi**

**Tuesdays | Grades K-5 | \$325**

Who loves to sing out loud to their favorite songs? How about singing them with your friends? Maybe you like to act out the song like you are on stage? Join Mrs. Lezi as we sing along to our favorite songs and artists. Everyone will get a chance to choose the songs we sing. Each child will receive their own individual microphone that they will get to keep at the end of the program!!!

## **Narwhal Sewing** **by Sew Happy Sewing**

**Wednesdays | Grades 1-5 | \$312**

Narwhals is an ocean-inspired project starting with a bookmark as an introductory learn-to-sew project, followed by a decorative bunting with musical narwhal designs, and a pillow with a choice of appliqué for students to choose from.

## **Basketball** **by Young Athletes 4 Change**

**Wednesdays | Grades 3-5 | \$364**

Students will learn how to dribble with both hands, how to create space, and how to finish at the basket. Students will learn the fundamentals of shooting, including proper form, footwork, and release. Students will learn how to do basic strength training exercises, such as squats, push-ups, and pull-ups. The program will also include games and drills to help students practice their skills. The program will provide several benefits for students, including improved basketball skills: Students will learn the fundamentals of basketball and improve their shooting, dribbling, and strength training skills. Increased physical activity: Students will get regular exercise and improve their overall fitness. Reduced stress: Students will have a positive outlet for stress and have fun while learning. Improved academic performance: Physically active Students tend to have better academic performance.

**Registration will be live August 2<sup>nd</sup>**

**Visit:**

**[www.bgcnr.org/electives](http://www.bgcnr.org/electives)**



## **Improv/Theatre**

**By Rachel Nicks**

**Wednesdays | Grades K-5 | \$312**

A safe space for your child to Get into their body. Find their voice. Free their spirit. Explore their imagination.

This improv class is open to students from K-5 grade. Your instructor Rachel Nicks is a graduate of the Juilliard School. She unlocked her passion for acting in the 8th grade when she played a Flamingo in the school play. She has enjoyed a Theatre, Television, and Film career since 2006. She is a Ward mom and is thrilled to share her passion for acting with the Ward community.

## **KidzZen Cooking Class**

**by KidzZen**

**Wednesdays | Grades K-1 | \$416**

Welcome to KidzZen Cooking class where we blend the joy of cooking with the magic of STEAM where the children get a sneak peek into the fascinating worlds of science, technology, engineering, art, and math. This unique kids' cooking class goes beyond the kitchen, encouraging young minds to explore the science and creativity behind each delicious dish, and the interdisciplinary approach makes learning more holistic and engaging. Our cooking classes enrichment program for elementary kids aims to provide a fun and educational experience that promotes healthy eating habits, culinary skills, and creativity. By offering hands-on cooking classes, we intend to inspire children to explore the world of food, develop their taste buds, and cultivate a lifelong love for cooking.

## **KidzZen Botanical Lab**

**by KidzZen**

**Wednesdays | Grades K-5 | \$396**

Welcome to Kid Zen Botanical Lab where we promote wellness through science. We explain why wellness is essential for kids and the importance of non-toxic products. Wellness is a crucial aspect of a child's development, influencing their physical health, mental well-being, and overall quality of life. Teaching kids about wellness from a young age helps instill healthy habits that can last a lifetime. Children are particularly sensitive to environmental toxins and chemicals found in many conventional products. By using non-toxic, natural ingredients, we can help protect their health and reduce their exposure to harmful substances, promoting a safer, healthier environment. The children will be creating their own soaps, shampoos, calming oil, lavender car and home sachets, shower steamers and much more. Benefits: Enhancing fine motor skills and creativity. Providing a hands-on experience where kids learn about the properties of plants and flowers, fostering a sense of self-sufficiency.

## **Rocketry**

**by MakeInspires**

**Thursdays | Grades 3-5 | \$240**

Welcome to the thrilling world of Rocketry! Join MakeInspires for an immersive journey into the captivating history and awe-inspiring science behind rockets. Through hands-on projects, participants will unravel the principles of propulsion, aerodynamics, and space travel. Through interactive demonstrations and hands-on experiments, young space enthusiasts will construct and launch their rockets, applying newfound knowledge to achieve soaring success. Igniting their curiosity and fostering a deeper appreciation for space exploration, this Rocketry class promises an exhilarating experience that will inspire and lift their aspirations skyward.

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## **Zumba Kids** **by Gigi Longo**

**Thursdays | Grades K-5 | \$156**

Perfect for our younger Zumba Fans! Kids get the chance to be active and jam out to their favorite music. Classes feature kid-friendly routines based on original Zumba Choreography. We break down the steps and add games and activities into the class structure. Helps develop a healthy lifestyle and incorporate fitness as a natural part of children's lives by making fitness fun. Classes incorporate key childhood development elements like leadership, respect, teamwork, confidence, self-esteem, memory, creativity, coordination, and cultural awareness.

## **Dance Party** **By Geri-Ann Lezi**

**Thursdays | Grades K-5 | \$325**

Join the fun and be the life of your next party! Learn the steps to the most popular party dances . . . The Cha Cha Slide, the Electric Slide, the Wobble, and Cotton Eyed Joe, just to name a few. Hop on in and limbo, twist, and shout your way from the Winter into Spring with Mrs. Lezi!

## **Chess** **by NSCF**

**Thursdays | Grades K-5 | \$228**

Students will be coached to learn and apply all the fundamental skills, including, but not limited to rules, delivering checkmate, winning material, and defending against threats. Students will also be introduced to strategy and positional play basics: Controlling the center, developing the pieces into active squares, and creating a plan. Anybody who takes this class, from pure beginners to seasoned players, can expect a significant increase in their level of play and a great time!

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