

BOYS & GIRLS CLUB Central Elementary Winter 2025 Electives Program Catalog BOYS & GIRLS CLUB OF NEW HOOHELEE



Creative Fairies by Eileen Diehl

Mondays | Grades 2-5 | \$436

Step into a magical world where fairies, science, and hands-on fun come together! In Creative Fairies, students will explore the wonders of physics through playful, fairy-inspired challenges. Each week, they'll work on exciting projects—from building zip lines and bridges to creating catapults and marble runs—all while testing their creations with a small, whimsical fairy friend. This class blends imagination and exploration, showing how the magic of physics works in the real world!

Zumba Kids by Gigi Longo

Mondays | Grades K-5 | \$208

Perfect for our younger Zumba Fans! Kids get the chance to be active and jam out to their favorite music. Classes feature kidfriendly routines based on original Zumba Choreography. We break down the steps and add games and activities into the class structure. Helps develop a healthy lifestyle and incorporate fitness as a natural part of children's lives by making fitness fun. Classes incorporate key childhood development elements like leadership, respect, teamwork, confidence, self-esteem, memory, creativity, coordination, and cultural awareness.

Above Beginner Spanish II by ABC Language

Mondays | Grades K-2 | \$312

¡Vamos, aprendamos español juntos! This fun and interactive course is designed for kindergarten through grade 2 students who have completed our 8-week introductory Spanish program in the fall. In Spanish Beginner 2, young learners will expand their vocabulary and language skills through engaging activities, songs, and games. Students will build on their foundational knowledge to communicate more confidently, explore simple sentences, and continue their exciting journey into the Spanish language and culture. Join us as we bring language learning to life!

Chess by NSCF

Mondays | Grades K-5 | \$228

Students will be coached to learn and apply all the fundamental skills, including, but not limited to rules, delivering checkmate, winning material, and defending against threats. Students will also be introduced to strategy and positional play basics: Controlling the center, developing the pieces into active squares, and creating a plan. Anybody who takes this class, from pure beginners to seasoned players, can expect a significant increase in their level of play and a great time!

Cooking By KidzZen

Mondays | Grades K-1 | \$416

In our cooking classes, we blend the joy of cooking with the principles of STEAM, giving children a sneak peek into the fascinating worlds of science, technology, engineering, art, and math. This unique class goes beyond the kitchen, encouraging young minds to explore the science and creativity behind each dish. The interdisciplinary approach makes learning holistic and engaging. Children will participate in activities like cutting, mixing, and creating their own toppings, with no interaction involving stoves or any hot or sharp materials. All equipment is child-friendly, ensuring safety while allowing them to engage in the creative process fully. Our cooking enrichment program for elementary children aims to provide a fun and educational experience that promotes healthy eating habits, culinary skills, and creativity. Through hands-on cooking classes, we inspire children to explore the world of food, develop their palates, and cultivate a lifelong love for cooking.

Fiber Arts: Learn to Knit by Mary Peck

Tuesdays | Grades 3-5 | \$455

Knitting is back and the possibilities are endless. Students will learn basic skills associated with this creative fiber craft: casting on, knit stitch, identifying and correcting mistakes, and casting off. In addition, students will be exposed to and learn how to identify different fibers and how to read the language of knitting in patterns. Practice projects will be based on skills acquired in class. No previous experience is required, but anyone who has some experience is welcome to improve on those skills. Students are encouraged and expected to knit at home between classes. More knitting means more project options. Students will be given yarn and needles around the 2nd session. Once supplies are distributed, Students need to bring them to every class session.

Music Mixing (DJ) by The Music Team LLC

Tuesdays | Grades 3-5 | \$364

Get Ready to Spin, Mix, and Party! In this hands-on class, students will dive into the world of DJing, learning how to mix their favorite songs and create epic mashups. Whether blending Taylor Swift with Sabrina Carpenter or adding hip-hop vibes, they'll learn to mix, match, and party like a pro!

Fun with Physics by Eileen Diehl

Tuesdays | Grades 2-5 | \$436

Are your kids curious about how the world works? Do they love to build, create, and experiment? Fun with Physics is the perfect program to spark their curiosity and inspire a lifelong love of science! In this hands-on class, students will dive into the fascinating world of physics through interactive experiments and creative challenges. Each week, young scientists will explore a new concept in physics, such as motion, gravity, energy, and more. They'll learn core principles through guided activities that encourage critical thinking, teamwork, and problem-solving. From building marble roller coasters to testing parachute designs, students will gain real-world insights into how physics shapes the world around them—all while having fun! This class is designed for students who thrive on curiosity and enjoy learning by doing.

Registration will be live on January 14th at 9 am Visit: www.bgcnr.org/electives



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Yoga for Tots to Teens by Fit & Focused

Tuesdays | Grades K-5 | \$312

The club is for kids grades K-5 to learn yoga and mindfulness in a playful environment. Yoga poses are learned, games are played, and music is used to promote both laughter and stillness. Yoga has multiple benefits for kids including improved focus and concentration, increased self-esteem and self-regulation, improved core strength and flexibility, and an overall sense of calm and peacefulness.

French for Native Speakers K-1 by Alliance Française of Westchester

Tuesdays | Grades K-1 | \$364

The Alliance Française of Westchester and Bespoke Education are excited to announce a comprehensive French program specifically designed for French-speaking students, ranging from kindergarten to 1st grade, in Westchester public schools. This innovative program will provide native French speakers with a unique opportunity to receive high-quality French instruction, comparable to the standards set in France. Our classes are exclusively led by experienced native French teachers who ensure a comprehensive and immersive learning experience tailored to each student's grade level.

Mix Arts by Plaster Palace

Wednesdays | Grades K-5 | \$292

Enjoy pottery painting (food and dishwasher safe at the end of the process), making various slimes, and NEW: SNOW globe and BATH BOMBS!!!!

Guitar for Beginners by The Music Path

Wednesdays | Grades 2-5 | \$221

Learn the basics and foundations of playing the guitar. Technique, scales, chords, melodies, and songs will all be covered. We promise to teach you as many real songs as possible! This class is a great introduction for students who might then proceed to a private teacher. We will get your hands picking, strumming, and fretting. An electric or acoustic guitar is okay (no amplifier required).

Materials: Bring in a guitar you already own, or we recommend First Act guitars online as an inexpensive solution (starting around \$40). You must bring a guitar.

Music Production by The Music Team LLC

Wednesdays | Grades 3-5 | \$364

Are you ready to become a music creator? In this exciting class, kids will get to dive into the world of music production and audio recording! Learn how to make your own beats, mix different sounds, and record your very own songs or soundtracks. From crafting catchy tunes to experimenting with cool sound effects, this class is all about unleashing your creativity and bringing your musical ideas to life. Whether you're into pop, rock, or anything in between, you'll have the chance to create music that's uniquely yours. No experience is required—just bring your love for music and your imagination!

Beginner Spanish I by ABC Language

Wednesdays | Grades 3-5 | \$312

¡Aprendamos y exploremos juntos! Join us for an exciting journey into the Spanish language and culture! This introductory course is designed for students in grades 3-5 and meets once a week for an hour. Through games, songs, storytelling, and hands-on activities, kids will learn basic Spanish phrases, vocabulary, and fun cultural facts. Perfect for curious minds, this course sparks a love for language learning while building confidence and curiosity about the Spanish-speaking world. Let's learn and explore together!

French for Native Speakers K-1 by Alliance Française of Westchester

Wednesdays | Grades 2-5 | \$364

The Alliance Française of Westchester and Bespoke Education are excited to announce a comprehensive French program specifically designed for French-speaking students, ranging from 2nd to 5th grade, in Westchester public schools. This innovative program will provide native French speakers with a unique opportunity to receive high-quality French instruction, comparable to the standards set in France. Our classes are exclusively led by experienced native French teachers who ensure a comprehensive and immersive learning experience tailored to each student's grade level

Sew Happy Llama by Sew Happy Sewing

Thursdays | Grades 1-5 | \$312

Join Sew Happy in making this Llama Stuffie that includes a rug, blanket, leg warmers, and key chain. Kids in grades 1 through 5 will learn how to thread a needle, tie a knot, pin, and stitch with our trained instructor. Beginners are welcomed in this class and experienced sewers will love working on a new project.

MusicStart Keyboarding by The Music Path

Thursdays | Grades 2-5 | \$221

MusicStart® is a patented progressive music learning system that balances fun and development of skills. Using familiar songs, it teaches all the necessary basics to get started playing music. The MusicStart® Keyboard uses 4 instructive Attachments that vary the challenge from color matching to letter matching to note matching and reading standard musical notation. MusicStart® is a preparation for (or a supplement to) playing any instrument and teaches step-by-step problem-solving. All materials are provided. Both new and repeat students are welcome and will be appropriately challenged.

VISIT WWW.BEGINMUSIC.COM FOR MORE INFORMATION AND AN ONLINE VIDEO OF MUSICSTART IN ACTION

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Dive Into Submarine Science by Eileen Diehl

Thursdays | Grades 2-5 | \$436

Ahoy, future explorers! Get ready to embark on an underwater adventure in this hands-on, action-packed after-school class where we'll uncover the secrets of the deep blue sea. Students will learn the science of submarines, master the mysteries of buoyancy, and take on fun engineering challenges. We'll start by creating your very own Cartesian diver—a mini submarine that rises and sinks on command! Then, put your creativity and problem-solving skills to the test with buoyancy battles: Can you build a floating platform that holds the most weight? Or design an object that sinks just right? From experiments with density to understanding how submarines dive and surface, projects will bring you closer to thinking like a real marine scientist. No need to pack a wetsuit—just bring your curiosity, imagination, and a spirit for adventure. Let's make some waves!

Crayola Presents: Wild World by MAD Science

Thursdays | Grades K-2 | \$293

Are you ready for an art expedition? Let the wonder and beauty of the animal kingdom inspire your empathy, curiosity, and creativity. Learn about lions, elephants, sharks, and more, and find out how wildlife conservationists are working to protect species around the globe. Experiment with a variety of art techniques using Crayola® products to create animal-inspired art projects, from frog paintings to polar bear sculptures! Let your creativity run wild and bring your handiwork home to build a menagerie of animal-themed masterpieces.

Lego Legends by MakeInspires

Thursdays | Grades 3-5 | \$208

Unleash your creativity brick by brick in our Lego Legends Club! In this hands-on program, students will embark on weekly challenges inspired by the hit TV show 'Lego Masters.' From constructing high-tech spaceships to build-to-destroy models, every session promises fun-filled activities that ignite innovation and teamwork. Guided by experienced instructors, participants will learn essential STEM concepts while honing their problem-solving skills and unleashing their inner architects. Whether you're a seasoned Lego enthusiast or just starting your brick-building journey, this club offers a vibrant space to explore, create, and connect.

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