

BOYS & GIRLS CLUB Ward Elementary Winter 2025 Electives Program Catalog BOYS & GIRLS CLUB OF NEW HOCHELLE BY A GIRLS CLUB OF N



Ceramics and Glass Fusing by Slavin Studios

Tuesdays | Grades K-5 | \$319

Here the studio art experience is brought to you! In ceramics, we work with clay sculpting, making decorative art, and functional items like useable cups and bowls. The students make and paint their art with non-toxic colors that are then transported to a kiln, bisque, and glaze fired with a clear food-safe finish. They are beautiful and durable glazed ceramics. It's fun and students will learn the fundamentals of sculpture and hand-building. Some use of drape molds and small tools. Glass Fusing is a special activity! Students take precut clear and colored glass, arrange a design using clear glue gel, and set the pieces in place. They are then transported to a kiln and fused. Some projects like tiles, hanging glass art, necklace pendants, magnets, picture frames, and nameplates are some examples. The teacher can cut certain shapes for the students. Artwork comes back to the classroom throughout the program all work received by the last class. Usually, we finish with a self-hardening clay project they take home on the last dav.

Tech It Out by Kelly Pirone

Tuesdays | Grades K-1 | \$325

Students will enjoy an engaging experience in each class through the use of high, low, and no-tech projects. Some examples are coding on tablets, coding with robots, Breakouts (similar to Escape Room), Makey Makey Invention kits, and STEM projects. The main focus of this course is to help students build their critical thinking and problem-solving skills while incorporating technology into age-specific activities. All materials are included in the course fee.

Classroom Karaoke By Geri-Ann Lezi

Tuesdays | Grades K-5 | \$325

Who loves to sing out loud to their favorite songs? How about singing them with your friends? Maybe you like to act out the song like you are on stage? Join Mrs. Lezi as we sing along to our favorite songs and artists. Everyone will get a chance to choose the songs we sing. Each child will receive their own individual microphone that they will get to keep at the end of the program!!!

Beginner Spanish I by ABC Language

Tuesdays | Grades 3-5 | \$312

¡Aprendamos y exploremos juntos! Join us for an exciting journey into the Spanish language and culture! This introductory course is designed for students in grades 3-5 and meets once a week for an hour. Through games, songs, storytelling, and hands-on activities, kids will learn basic Spanish phrases, vocabulary, and fun cultural facts. Perfect for curious minds, this course sparks a love for language learning while building confidence and curiosity about the Spanish-speaking world. Let's learn and explore together!

Cooking By KidzZen

Tuesdays | Grades K-1 | \$416

In our cooking classes, we blend the joy of cooking with the principles of STEAM, giving children a sneak peek into the fascinating worlds of science, technology, engineering, art, and math. This unique class goes beyond the kitchen, encouraging young minds to explore the science and creativity behind each dish. The interdisciplinary approach makes learning holistic and engaging. Children will participate in activities like cutting, mixing, and creating their own toppings, with no interaction involving stoves or any hot or sharp materials. All equipment is child-friendly, ensuring safety while allowing them to engage in the creative process fully. Our cooking enrichment program for elementary children aims to provide a fun and educational experience that promotes healthy eating habits, culinary skills, and creativity. Through hands-on cooking classes, we inspire children to explore the world of food, develop their palates, and cultivate a lifelong love for cooking.

Jewelry & Beading Workshop | Regular & Advanced by BEADZ

Wednesdays | Grades K-5 | \$364

In this creative, engaging, hands-on class, students construct beautiful and high-quality beaded jewelry & accessories. Participants will use bead design boards and choose from amazing materials such as crystals, sea glass, ceramics, lead-free charms, artistic wire, and more to create fantastic keepsakes such as necklaces, bracelets, bookmarks, rings, room decorations, keychains, photo holders and many other fun items. New projects and fun techniques will be featured each week. All ages and levels are welcome and accommodated.

Tech It Out by Kelly Pirone

Wednesdays | Grades 1-2 | \$325

Students will enjoy an engaging experience in each class through the use of high, low, and no-tech projects. Some examples are coding on tablets, coding with robots, Breakouts (similar to Escape Room), Makey Makey Invention kits, and STEM projects. The main focus of this course is to help students build their critical thinking and problem-solving skills while incorporating technology into age-specific activities. All materials are included in the course fee.

Cheerleading

By Chrissy & Rec Cheer

Wednesdays | Grades K-5 | \$273

Come and learn the fundamentals of cheer with former New Rochelle Cheerleaders and current local high school coaches. Learn the basics in motions, cheers, jumps, and team-building games and activities. Classes are FUN and no experience is necessary!

Improv/Theatre Bv Rachel Nicks

Wednesdays | Grades K-5 | \$312

A safe space for your child to Get into their body. Find their voice. Free their spirit. Explore their imagination.

This improv class is open to students from K-5 grade. Your instructor Rachel Nicks is a graduate of the Juilliard School. She unlocked her passion for acting in the 8th grade when she played a Flamingo in the school play. She has enjoyed a Theatre, Television, and Film career since 2006. She is a Ward mom and is thrilled to share her passion for acting with the Ward community.

Registration will be live on January 13th at 9 am
Visit:
www.bgcnr.org/electives



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Basketball

by Young Athletes 4 Change

Wednesdays | Grades 3-5 | \$364

Students will learn how to dribble with both hands, how to create space, and how to finish at the basket. Students will learn the fundamentals of shooting, including proper form, footwork, and release. Students will learn how to do basic strength training exercises, such as squats, push-ups, and pull-ups. The program will also include games and drills to help students practice their skills. The program will provide several benefits for students, including improved basketball skills: Students will learn the fundamentals of basketball and improve their shooting, dribbling, and strength training skills. Increased physical activity: Students will get regular exercise and improve their overall fitness. Reduced stress: Students will have a positive outlet for stress and have fun while learning. Improved academic performance: Physically active Students tend to have better academic performance.

Meditative Nature Art and Mixed Media By KidzZen

Wednesdays | Grades K-5 | \$345

Dive into a world of creativity and mindfulness with our Meditative Nature Art and Mixed Media Class! This enriching experience combines the soothing elements of nature with the boundless possibilities of mixed-media art, offering young artists a chance to explore, create, and relax. Through this hands-on program, students will Connect with Nature and discover inspiration from the natural world by incorporating materials like leaves, flowers, twigs, and stones into their art projects. Practice Mindfulness: Learn simple meditation and breathing techniques to calm the mind, focus attention, and channel inner creativity. Explore Mixed Media: Experiment with various art forms, including painting, drawing, collaging, and sculpting, to create unique, textured masterpieces. Build Confidence: Foster self-expression and problem-solving skills through open-ended art activities. Each week, students will embark on a creative journey, from crafting rock art, seed mosaic, windchimes, rain sticks and much more using all natural elements. By blending art with meditative practices, this class nurtures a peaceful and imaginative atmosphere where young learners can thrive.

Mix Arts

by Plaster Palace

Thursdays | Grades K-5 | \$292

Enjoy pottery painting (food and dishwasher safe at the end of the process), making various slimes, and NEW: SNOW globe and BATH BOMBS!!!!

Tech It Out by Kelly Pirone

Thursdays | Grades 2-3 | \$325

Students will enjoy an engaging experience in each class through the use of high, low, and no-tech projects. Some examples are coding on tablets, coding with robots, Breakouts (similar to Escape Room), Makey Makey Invention kits, and STEM projects. The main focus of this course is to help students build their critical thinking and problem-solving skills while incorporating technology into age-specific activities. All materials are included in the course fee.

Zumba Kids by Gigi Longo

Thursdays | Grades K-5| \$208

Perfect for our younger Zumba Fans! Kids get the chance to be active and jam out to their favorite music. Classes feature kidfriendly routines based on original Zumba Choreography. We break down the steps and add games and activities into the class structure. Helps develop a healthy lifestyle and incorporate fitness as a natural part of children's lives by making fitness fun. Classes incorporate key childhood development elements like leadership, respect, teamwork, confidence, self-esteem, memory, creativity, coordination, and cultural awareness.

Yoga for Tots to Teens by Fit & Focused

Thursdays | Grades K-5 | \$312

The club is for kids grades K-5 to learn yoga and mindfulness in a playful environment. Yoga poses are learned, games are played, and music is used to promote both laughter and stillness. Yoga has multiple benefits for kids including improved focus and concentration, increased self-esteem and self-regulation, improved core strength and flexibility, and an overall sense of calm and peacefulness.

Chess

by NSCF

Thursdays | Grades K-5 | \$228

Students will be coached to learn and apply all the fundamental skills, including, but not limited to rules, delivering checkmate, winning material, and defending against threats. Students will also be introduced to strategy and positional play basics: Controlling the center, developing the pieces into active squares, and creating a plan. Anybody who takes this class, from pure beginners to seasoned players, can expect a significant increase in their level of play and a great time!

Botanical Lab By KidzZen

Thursdays | Grades K-5 | \$396

Welcome to Kid Zen Botanical Lab where we promote wellness as an essential component of children's development by integrating hands-on learning experiences that teach the importance of using non-toxic products. Our program aims to instill healthy habits that last a lifetime by educating children on the properties of plants and flowers, enhancing their fine motor skills, and fostering creativity. By using natural, non-toxic ingredients, we prioritize their physical health and mental well-being while cultivating a sense of self-sufficiency and environmental responsibility. Kids create products made of natural ingredients like herbal sachets, lip balms, body butter, soaps, cleaners, perfumes and much more.

Music Mixing (DJ) by The Music Team LLC

Fridays | Grades 3-5 | \$364

Get Ready to Spin, Mix, and Party! In this hands-on class, students will dive into the world of DJing, learning how to mix their favorite songs and create epic mashups. Whether blending Taylor Swift with Sabrina Carpenter or adding hip-hop vibes, they'll learn to mix, match, and party like a pro!

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Paws and Claws: Exploring Veterinary Care for Pets by iCamp

Fridays | Grades K-2 | \$364

In this course, young animal enthusiasts and aspiring physicians embark on a thrilling adventure into the world of veterinary medicine. Through engaging, hands-on activities, students will uncover the essential skills and knowledge needed to care for our furry friends. Students will learn about animal behavior, nutrition, health, and first aid techniques tailored specifically for pets. From examining mock patients to diagnosing common ailments and practicing basic veterinary procedures, this course offers a dynamic and immersive learning experience. Whether it's bandaging a "broken paw" or administering "pet-friendly" medications, participants will develop empathy, compassion, and practical skills essential for providing quality care to our beloved animal companions. Join us as we explore the rewarding and compassionate world of veterinary care for pets in "Paws and Claws"!

Motor Mayhem: Exploring Motion by iCamp

Fridays | Grades 3-5 | \$364

Prepare for an action-packed adventure into the realm of motors, propulsion, and motion! Throughout this course, young scientists and engineers will dive headfirst into a series of exhilarating activities designed to unravel the mysteries of movement and mechanics. Students will unleash their creativity as they craft quirky DIY toy cars from recycled materials, engineer whimsical balloon-powered boats, construct hydraulic machines inspired by marine life, create dazzling electric circuits powered by small motors, design motor-powered marble runs, and more. Each activity will engage participants in hands-on experimentation, sparking their curiosity and inspiring them to explore the forces behind motion.

Crayola Presents: Wild World by MAD Science Fridays | Grades K-2 | \$293

Are you ready for an art expedition? Let the wonder and beauty of the animal kingdom inspire your empathy, curiosity, and creativity. Learn about lions, elephants, sharks and more, and find out how wildlife conservationists are working to protect species around the globe. Experiment with a variety of art techniques using Crayola® products to create animal-inspired art projects, from frog paintings to polar bear sculptures! Let your creativity run wild and bring your handiwork home to build a menagerie of animal-themed

masterpieces.

Dance Party By Geri-Ann Lezi

Fridays | Grades K-5 | \$325

Join the fun and be the life of your next party! Learn the steps to the most popular party dances . . . The Cha Cha Slide, the Electric Slide, the Wobble, and Cotton Eyed Joe, just to name a few. Hop on in and limbo, twist, and shout your way from the Winter into Spring with Mrs. Lezi!

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